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### **For Immediate Release**

#### **Mitchell Spinnell, M.D. Presents at the American College of Gastroenterology**

**Englewood Cliffs, NJ (November, 2011)** – Mitchell K. Spinnell, M.D., a partner in the medical practice Advanced Gastroenterology of Bergen County, P.A., recently presented at the Annual Scientific Meeting of The American College of Gastroenterology in Washington, D.C. on October 31, 2011. He presented new research findings entitled “Transfusion Free Management of Gastrointestinal Bleeding: An Analysis of Outcomes,” which addressed a novel approach to the management of patients with gastrointestinal bleeding problems.

“Gastrointestinal hemorrhage is a common cause of hospitalization accounting for 300,000 admissions in the United States annually. The mortality rate from gastrointestinal bleeding has remained constant at 10% despite advances in the diagnostic and therapeutic approach to this condition. As part of our research, we reviewed patients who presented with significant gastrointestinal bleeding and identified themselves as belonging to the Bloodless Institute. Ultimately, we were able to show that gastrointestinal hemorrhage can be successfully managed in a population of patients who refuse blood transfusion. With a dedicated multi-disciplinary team approach knowledgeable in techniques of blood conservation, mortality rates from gastrointestinal hemorrhage can equal those seen in the population who accept blood transfusion,” explained Spinnell.

A resident of New York City, Dr. Spinnell is board certified in both Gastroenterology and Internal Medicine. He is an attending physician at Englewood Hospital and Medical Center, in Englewood, NJ, where he also serves on the Medical Executive Committee. He is also an attending physician at Holy Name Medical Center in Teaneck, NJ. Dr. Spinnell is a clinical instructor of Internal Medicine at Mount Sinai School of Medicine in New York City. He has a particular interest in clinical research, most recently conducting studies involving Crohn's Disease, C. Diff and GERD. He is a member of the American College of Gastroenterology, The American Medical Association, The American College of Physicians, The American Society of Gastrointestinal Endoscopy and The American Gastroenterological Society.

He earned his M.D. from the State University of New York at Buffalo School of Medicine and completed his Internship and Residency in Internal Medicine at Albert Einstein College of Medicine – Montefiore Medical Center, where he is also a past chief resident in Internal Medicine. He subsequently completed his Gastroenterology training at the

same institution. Dr. Spinnell is licensed to practice in both the State of New Jersey and the State of New York.

About Advanced Gastroenterology of Bergen County

Located in Englewood Cliffs, NJ, Advanced Gastroenterology of Bergen County, P.A. offers a full range of gastrointestinal care for patients. Founded in 1962, the gastroenterology, hepatology and gastrointestinal endoscopy practice is dedicated to the evaluation and treatment of diseases of the liver, pancreas, and digestive system. The practice inaugurated its Ambulatory Surgery Center in 1993 and opened its new, state-of-the-art medical offices and a Medicare-approved ambulatory endoscopy center in June 2011. For more information visit [www.gimed.com](http://www.gimed.com).

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